



Manifestation Workshop

Sunday, April 25, 2010, 1-4 pm
Sat Nam Yoga Studio, Bethel, CT

Could you use help **MANIFESTING** your dreams?
Would you like to be more **RESILIENT** in the face of pressure or obstacles?
Are you challenged with **GETTING WHAT YOU WANT?**
Would you like to achieve your goals with more **EASE** and **GRACE?**

In this workshop, you will gain greater access to your creativity, intuition, and resilient nature to help you better achieve your dreams and goals. Our time together will be informative and experiential in nature. You will have the benefit of creating powerful alliances with like-minded seekers. Come explore yoga on and "off-the-mat."

This workshop includes:

- NAAM yoga class to strengthen your magnetic field and open your heart.
- Divine Spiritual Wisdom (Kabbalah) to cultivate conscious action and neutralize any reactive emotional responses.
- Powerful exercises and a roadmap to cultivate and allow your goals to unfold.

\$55 before 4/18, \$66 thereafter. Space is limited.
Register today by calling Susan at **203-730-2103** or go to:
<http://www.sagelead.com/WhisperingPines.html>

Susan Shaner, M.A., M.S, has worked with thousands of individuals in helping them realize their dreams and achieve their goals. She uses leading-edge and tried and true tools. Her motto: do what works!